

Sino-German International Research Training Group AMAIZE-P

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Workshop on Diversity and Career Development [01.12.20]

A workshop on "Diversity and Career Development" was held as presence event on October 26, 2020 for the doctoral candidates on the German side, including one PhD student from CAU, in a mixed-gender group, as part of the Gender Equality Measures in the International Research Training Group AMAIZE-P.



(Photo: Ms. E.-M. Rosenbusch / Stuttgart)

The workshop addressed both the female and the male PhD students and was part of a package of several training activities under different formats: The one-day presence workshop on October 26, 2020, and a half-day plenary follow-up and transfer event (online) after three months in early 2021. Separately, individual coaching sessions for each PhD student of 90 minutes length (online or presence) are offered in November/December 2020. The workshop topic and contents had been preliminarily discussed between the two trainers, Ms. Elke-Maria Rosenbusch and Ms. Brigitte Ott-Goebel and the

coordinator of the AMAIZE-P IRTG on the German side. For the doctoral candidates on the German side, the presence workshop on October 26 also formed the educational programme of the 5th block seminar held online at the China Agricultural University and the University of Hohenheim from 09 to 13 November, 2020.

A total of 17 PhD students participated in the whole-day presence event. The agenda consisted of Welcome and self-presentation, followed by the morning session covering Competences and Strengths including an exercise on personal strengths, and Career Planning. After lunch at the university "Mensa" and the group photos, the fields of Stress and Life balance were dealt with in depth. After related exercises and an introduction to relevant literature, the Transfer of the newly-acquired knowledge and competences into Daily Life was discussed. The final part of the one-day presence workshop consisted of Closing and Feedback. The diversity theme was included in a cross-cutting manner to all contents.



(Photo: Ms. B. Ott-Goebel / Ostfildern)

Both Ms. Rosenbusch and Ms. Ott-Gobel are very experienced trainers and coaches with a wide portfolio, including many years of previous positions in industry. Additionally, the trainer Ms. Ott-Goebel, with working and teaching experience in China, added many practical examples from China in her training components. The one-day presence workshop was therefore very well received by the participants.

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UNIVERSITY OF HOHENHEIM

AMAIZE-P - International Research Training Group Fruwirthstr. 20 70599 Stuttgart Germany

T +49 711 459 23984 F +49 711 459 23295